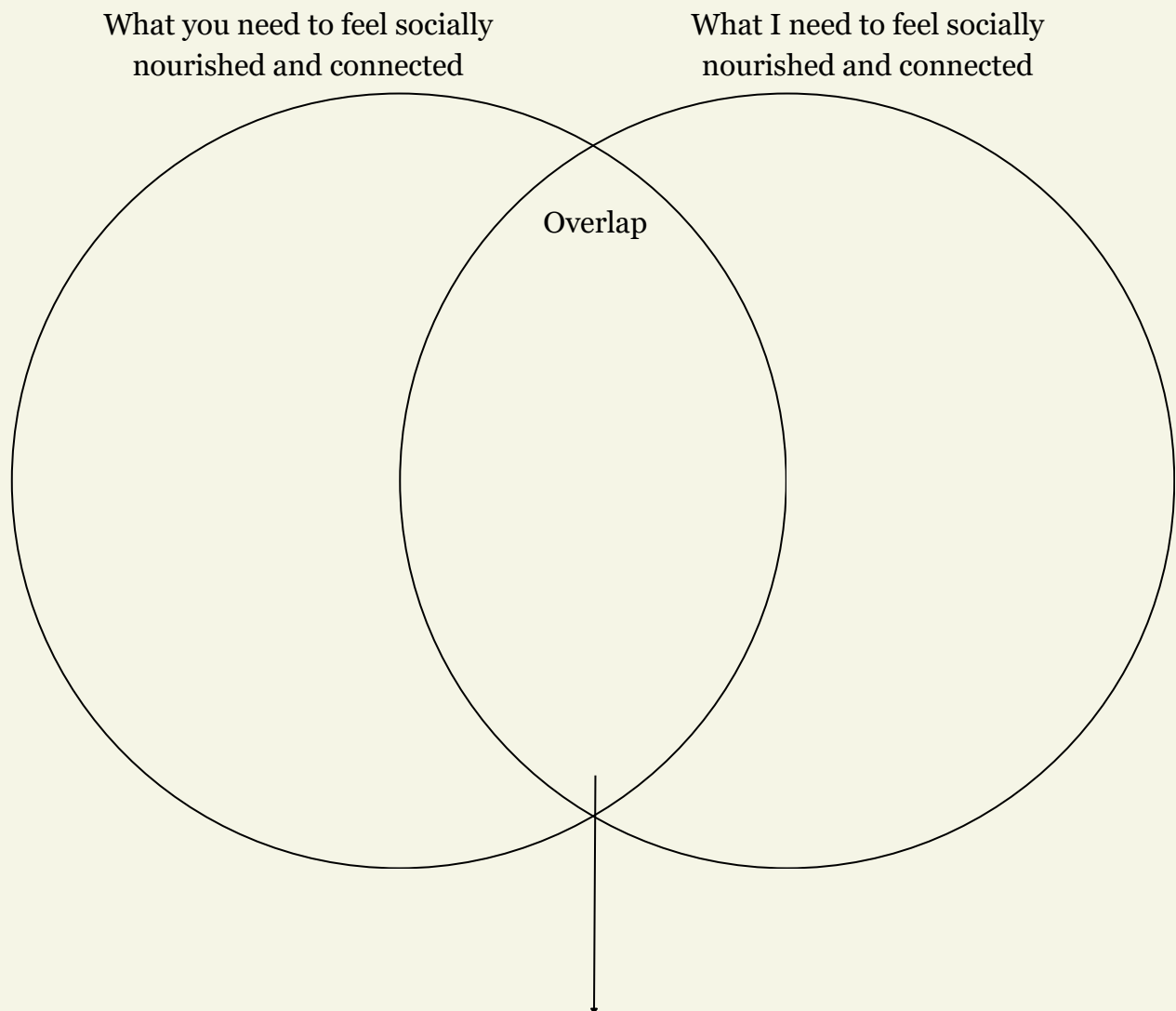


Collectively nourishing each other



Explore the overlap of these. Consider the questions:

- What would nourish us both at the same time?
- What nourishment of you, nourishes me?
- What nourishment of me, nourishes you?
- When do we feel most connected?
- How can we connect when things are hard and we feel depleted?
- What most gets in the way of feeling connected? How can we collaboratively problem solve that?